

EDUCATIONAL RESOURCES: ALTERNATIVE EDUCATION

Fitchburg Evening Alternative High School

111 Goodrich Street, Fitchburg, MA 01420
978-345-3244

Description: Students earn a high school diploma with 22 units and competency in the Massachusetts Comprehensive Assessment Test MCAS. Classes are scheduled between 2:30 p.m. – 9:00 p.m.

Grades Served: 9, 10, 11, 12

Eligibility: Frequent Truancy, Involved with DSS, Involved with DYS, Pregnant or Parenting, Poor Academic Record, Returned Dropout, Suspended

Component: Behavior Management Training, Community College Participation, Conflict Resolution Training, Core Academic Classes, Crisis Intervention, Drug/Substance Abuse Prevention, Elective Classes, In-House Counseling, Life Skills Training, Peer Mediation, Referrals to External Counseling, School-Based Work and Learning, Partnership with a Community-Based Organization

Hours: Before School, Regular School Hours, After School – Afternoon

Clinton – Alt Pro

500 Walden Street, Concord, MA 01742
978-341-2920

Grades Served: 9, 10, 11, 12

Eligibility: Frequent Truancy, Poor Academic Record

Component: Academic Remediation or Tutoring, Behavior Management Training, Community College Participation, Conflict Resolution Training, Core Academic Classes, Drug/Substance Abuse Prevention, Elective Classes, In-House Counseling, Life Skills Training, Peer Mediation, Partnership with a Community-Based Organization

Hours: Before School

Gardner – Project Support

200 Catherine Street, Gardner, MA 01440
978-632-1600

EDUCATIONAL RESOURCES: GED PROGRAMS

Mount Wachusett Community College – Leominster ABE

268 Washington Street, Leominster, MA 01453
978-534-1563
www.mwcc.mass

Description: Offers ABE, GED and Pre-GED classes to individuals aged 16 and older who are not currently in school.

Mount Wachusett Community College – Fitchburg ABE

McKay School, 67 Rindge Road, Fitchburg, MA 01420
978-665-3433
www.mwcc.mass

Description: Offers ABE, GED, Pre-GED and ESOL classes to individuals aged 16 and older who are not in school.

Montachusett Opportunity Council, Inc.

133 Prichard Street, Fitchburg, MA 01420

9 Prichard Street, Fitchburg, MA 01420

978-343-5706

www.mocinc.org

Description: Offers GED, Pre-GED, ABE, ESOL and Citizenship classes to individuals aged 16 and older who meet income eligibility requirements and/or receive public assistance.

Mount Wachusett Community College – Devens Learning Center

Devens Learning Center, 100 Jackson Road, Devens, MA 01432

978-772-0405

Mount Wachusett Community College – Gardner ABE Program

444 Green Street, Gardner, MA 01440

978-630-9259

www.mwcc.edu

Description: Offers GED and Pre-GED classes.
The site is also a GED test center.

Spectrum Health Systems

10 Mechanic Street, Suite 302, Worcester, MA 01508

508-792-5400

Description: Spectrum Health Services offers a GED program at the DYS Community Re-entry Center for youth who are involved with DYS. GED classes run for 12 weeks for 10 hours a week. Practice tests are administered. Course culminates in a comprehensive GED exam at the end of 12 weeks.

EDUCATIONAL RESOURCES: POST-SECONDARY EDUCATION

Gardner – Gateway to College

444 Green Street, Gardner, MA 01440

978-630-9249

www.mwcc.mass.edu/services/CAPP/programs/gateway.html

Grades Served: 9, 10, 11, 12

Eligibility: Expelled, Frequent Truancy, Involved with DSS, Involved with DYS, Pregnant or Parenting, Poor Academic Record, Returned Dropout, Suspended

Component: Academic Remediation or Tutoring, Behavior Management Training, Community College Participation, Community Service – Learning, Conflict Resolution Training, Core Academic Classes, Crisis Intervention, Drug/Substance Abuse Prevention, Elective Classes, In-House Counseling, Life Skills Training, Peer Mediation, Referrals to External Counseling, School-Based Work and Learning, Partnership with a Community-Based Organization, Social Skills Training

Hours: Regular School Hours, After School – Afternoon, Weekend

Mount Wachusett Community College

444 Green Street, Gardner, MA 01440

978-632-6600

www.mwcc.edu

Description: Mount Wachusett Community College offers 40 degree and certificate programs. They offer day, evening and online courses, as well as independent learning. Students can earn credits through the College Level Examination Program, and a maximum of 6 credits can be earned for college level learning acquired through work or life experience.

Free Application for Federal Student Aid (FAFSA)

1-800-4 FED-AID (1-800-433-3243)

www.fafsa.ed.gov

EMPLOYABILITY RESOURCES: CAREER CENTERS

Career Center of North Central Massachusetts

100 Erdman Way, Leominster, MA 01453

978-534-1481

25 Main Street, Gardner, MA 01440

978-632-5050

Description: Services include career guidance, educational/training opportunities, email access, job search workshops, job referral/placement, resume development, and employer recruitments.

Hours: Monday, Wednesday and Friday, 8:30 a.m. – 5:00 p.m.
Tuesday, 8:30 a.m. – 7:00 p.m.
Thursday, 9:30 a.m. – 5:00 p.m.

EMPLOYABILITY RESOURCES: WORKFORCE INVESTMENT BOARDS (WIB)

North Central Mass. WIB

1355 Central Street, Leominster, MA 01453

978-534-1023, 978-534-1807

www.ncmwib.org

Description: The North Central Mass. WIB provides support for school-to-career initiatives, and also offers workforce training and adult education and training. The Youth Council coordinates workforce programs specifically for youth, including the Department of Education School to Career Connecting Activities, in which youth participate in internships through local businesses.

EMPLOYABILITY RESOURCES: OTHER EMPLOYMENT AND TRAINING RESOURCES

MY TURN – Leominster High School Center for Technical Education

122 Granite Street, Leominster, MA 01453

978-534-7735

Description: My Turn works with youth between the ages of 14-21 to provide them with education, jobs and workplace learning opportunities. Programs include Connecting to College, Connecting to Work and Reconnecting Out-of-School Youth: Workforce Development.

Montachusett Opportunity Council (In-School Program)

430 Main Street, Fitchburg, MA 01420
978-343-5706

Description: Montachusett Opportunity Council In-School Program provides after school tutoring for youth. The program also offers a five-week summer work and learning component.

Montachusett Opportunity Council Youth Services Program

430 Main Street, Fitchburg, MA 01420
978-343-5706

Description: The Youth Services Program offers a program for youth between the ages of 14-17 that focuses on work experience, contextual classroom learning and employability skills training. Youth receive stipends for classroom experience, job shadowing, or volunteer work experience, and minimum wages for work site experience.

MY TURN, Inc.

1 Lunenburg Street, Fitchburg, MA 01420
978-345-1092

Description: My Turn works with youth between the ages of 14-21 to provide them with education, jobs and workplace learning opportunities. Programs include Connecting to College, Connecting to Work and Reconnecting Out-of-School Youth: Workforce Development.

Training Resources of America

435 Main Street, Suite 2500, Fitchburg, MA 01420
978-343-4458

Description: Services include an Office Careers Program for WIA eligible residents. 10 weeks of training includes introduction to computers, basic Word 2000, basic Excel 2000, records management, customer service and data entry. Job readiness training is also provided. Program helps clients find employment in customer service, data entry or clerical fields. The Young Parents Program provides out-of-school youth aged 14-21 who have not received a high school diploma with basic education, ESOL classes, as well as training in parenting skills, work skills and life skills.

SOCIAL SERVICE SUPPORT RESOURCES: PREGNANCY AND PARENTING

Fitchburg Child Care Resources

76 Summer Street, Suite 345, Fitchburg, MA 01420
1-800-660-6269
www.cafsinc.org

L.U.K Young Parent Support Program at L.U.K Crisis Center

99 Day Street, Fitchburg, MA 01420
978-360-6193

Description: Support services for pregnant and parenting youth aged 16-24.

Young Parents Program at Training Resources of America

435 Main Street, Suite 2500, Fitchburg, MA 01420
978-343-4452

Description: Program offers GED instruction, job readiness and life skills, parenting skills classes and child care support to pregnant and parenting teens aged 14-21 who also receive TAFDC.

Children's Aid & Family Services/The Family Counseling Center

915 South Street, Fitchburg, MA 01420
978-345-4147

Description: Provides child care referrals, vouchers, and a day care center for income eligible families.

SOCIAL SERVICE SUPPORT RESOURCES: MENTAL HEALTH/COUNSELING/SUBSTANCE ABUSE

Community Healthlink, Inc – Leominster

45 Summer Street, Leominster, MA 01453
978-534-6116

Description: Community Healthlink offers youth and family services, including a Juvenile Court Clinic service which provides court-ordered mental health, substance abuse and forensic evaluations, as well as adult outpatient mental health and substance abuse services.

Lipton Center

100 Erdman Way, Leominster, MA 01453
978-537-0956
communityhealthlink.org

Description: Lipton Center offers early intervention programs, adult individual therapy, 24-hour emergency services and crisis services.

L.U.K. Crisis Center

99 Day Street, Fitchburg, MA 01420
978-345-0658

Description: L.U.K provides outpatient mental health services, including substance abuse treatment. They also offer groups for adolescents. They accept Medicaid, Medicare and private health insurance, and also offer a sliding fee scale based on income and other factors, as well as payment assistance.

Children's Aid & Family Services/The Family Counseling Center

915 South Street, Fitchburg, MA 01420
978-345-4147

Description: The Family Counseling Center offers family counseling and outpatient mental health services to children, adolescents and adults.

Wellspring Counseling Service

53 Merriam Avenue, Leominster, MA 01453
978-534-1872

Wachusett Counseling Associates

42 Main Street, Leominster, MA 01453
978-534-1962

Description: Offers counseling services including sex offender counseling, and counseling for court-involved clients. They also offer counseling for victim's issues.

Psychiatry & Family Counseling

25 Mohawk Drive, Leominster, MA 01453
978-840-1100

SOCIAL SERVICE SUPPORT RESOURCES: HEALTH CARE

Community Health Connections Family Health Center

275 Nichols Road, Fitchburg, MA 01420
978-878-8300
www.chcfamilyhealth.org

Hours: Monday, Tuesday, Wednesday and Friday, 8:30 a.m. – 5:00 p.m.
Thursday, 8:30 a.m. – 9:00 p.m.

Greater Gardner Community Health Center

175 Connors Street, Gardner, MA 01440
978-410-6100
www.chcfhc.org

Description: The Greater Gardner Community Health Center offers medical services regardless of ability to pay.

HealthAlliance Hospital Leominster Campus

60 Hospital Road, Leominster, MA 01453
978-466-2000

Description: Health Alliance offers adolescent services, behavioral health and psychiatry, OB/GYN, and emergency services.

Center for Health & Development

42 West Street, Leominster, MA 01453
978-534-3982
www.centerforhealth.org

Description: The Center for Health and Development offers services focusing on rehabilitation, forensic evaluations (competency to stand trial, criminal responsibility, and treatment planning).

Pro-Health

57 City Hall Avenue, Gardner, MA 01440
978-632-9633

Description: Gardner office open Thursdays, 2:30 p.m. – 5:30 p.m.
Fitchburg office is available for further information.

Pro-Health (Montachusett Opportunity Council program)

Professional Building/Burbank Campus, 326 Nichols Road, Fitchburg, MA 01420
978-343-6259

Description: Pro-Health offers family planning and health care services, a women's health network and a men's clinic, as well as a WIC program and a Care Services Project which provides free care to persons infected with HIV/AIDS. Additional services include case management, mental health counseling, support groups, transportation, emergency financial assistance, a food resource program, emergency food vouchers, and housing services.

SOCIAL SERVICE SUPPORT RESOURCES: DOMESTIC VIOLENCE/RAPE/SEXUAL ASSAULT

Rape Crisis Center of Central Massachusetts, Fitchburg Office

275 Nichols Road, Fitchburg, MA 01420
1-800-870-5905, 978-343-5683
www.rapecrisiscenter.org

Description: Services offered include information and referral services, hotlines/crisis support; sexual assault programs and sexual abuse counseling.

**Battered Women's Resources (BWRI) – Leominster, Gardner
Aralia Emergency Domestic Violence Shelter**

14 Manning Avenue, Leominster, MA 01453
978-537-2306
486 Chestnut Street, Gardner, MA 01440
978-632-4424
24-hour hotline: 978-537-8601
www.bwri.com

Description: BWRI serves women and children who are leaving situations of domestic violence. Maximum stay is 90 days. All services are offered free of charge.

Office Hours: Monday through Friday, 8:30 a.m. – 4:30 p.m.

Children's Aid & Family Service (CAFS) – Family Counseling Center

915 South Street, Fitchburg, MA 01420
978-345-4147

Description: Services include adoption counseling and support, mental health evaluation, outpatient mental health care, and sexual assault counseling.

Leominster/Fitchburg Counseling Center

255 Main Street, Fitchburg, MA 01420
978-537-0956

Description: Services include support groups, mental health evaluation, parenting education, sexual assault and incest support groups, and counseling services.

SOCIAL SERVICE SUPPORT RESOURCES: HOUSING, HUNGER AND HOMELESSNESS

Cleghorn Neighborhood Center

2-18 Fairmount Street, Fitchburg, MA 01420
978-342-2069

L.U.K. Crisis Center

99 Day Street, Fitchburg, MA 01420
978-345-0658

Description: L.U.K. Crisis Center offers a Transition to Independent Living Continuum of Services for all youth, including youth who have aged out of state care and who are also experiencing or at risk for experiencing homelessness. Youth can enter and exit from any of the placement levels on the continuum. The program serves older youth for up to a year by providing room, board, skills training, support services, counseling, educational/vocational advocacy and aftercare services in a continuum of programs as well as core crisis intervention services 24-hours a day.

Our Father's Table, Inc. – Christian Faith Church

40 Boutelle Street, Fitchburg, MA 01420
978-342-8522

Description: Meals are served on Tuesdays and Thursdays at 5:15 p.m.

Hours: Tuesday and Thursday, 5:00 p.m. – 6:00 p.m.

First Baptist Church – Community Food Cupboard

23 West Street, Leominster, MA 01453
978-537-2685

Description: Distribution of food is on the 1st and 3rd Saturday of every month from 9:00 a.m. – 11:00 a.m.

Ginny's Food Pantry

52 Mechanic Street, Leominster, MA 01453
978-537-1387

Description: Distribution of food is on Tuesdays, Wednesdays, Thursdays and Saturdays from 11:00 a.m. – 2:00 p.m.

Leominster United Methodist Church – Ruth's Harvest Pantry

77 Hall Street, Leominster, MA 01453
978-537-1356

Description: Distribution is on the 1st and 3rd Thursday of every month from 6:00 p.m. – 8:00 p.m., and on the 2nd and 4th Saturday of every month from 8:00 a.m. – 10:00 a.m.

SOCIAL SERVICE SUPPORT RESOURCES: IMMIGRANT/REFUGEE/ESOL

Fitchburg Spanish Council/Centro Hispanico

978-345-1882

Spanish American Center, Inc.

112 Spruce Street, Leominster, MA 01453
978-534-3145

Description: Services include advocacy, parenting and family support, HIV education, battered women's services, ESOL and GED classes, as well as information on immigration issues.

Montachusett Opportunity Council, Inc.

9 Prichard Street, Fitchburg, MA 01420
978-343-5706

Description: Offers free ESOL and Citizenship classes to individuals aged 16 and older who meet income eligibility requirements, or are receiving unemployment or public assistance.

Project FLASH at the Fitchburg Public Library

610 Main Street, Fitchburg, MA 01420
978-345-9635

Description: Offers free ESOL classes.

Literacy Volunteers of Montachusett Area at the Fitchburg Public Library

610 Main Street, Fitchburg, MA 01420
978-343-8184

Description: Offers free ESOL classes to adults aged 18 and older who need to learn English.

Mount Wachusett Community College – Fitchburg ABE

McKay School, 67 Rindge Road, Fitchburg, MA 01420
978-665-3433

Description: Offers free ESOL classes to individuals aged 16 and older.

SOCIAL SERVICE SUPPORT RESOURCES: LEGAL RESOURCES

Legal Assistance Corporation of Central Massachusetts – Fitchburg

66 Day Street, Fitchburg, MA 01420
1-800-649-3718
www.livejustice.org

Description: The Legal Assistance Corporation of Central Massachusetts provides legal assistance in matters involving housing (landlord-tenant, subsidized, housing discrimination), and government benefits (Social Security, SSI, TAFDC).

Mediation Services of North Central MA, Inc.

Court and Community Mediation Program (alternative dispute resolution)

100 Elm Street, Fitchburg, MA 01420
978-345-2111 ext. 242

Description: MSI offers free mediation services to the Gardner, Leominster and Fitchburg District Courts.

www.MassLegalHelp.org

Description: Listing of civil (non-criminal) legal services and programs in Massachusetts.

Central Massachusetts

EDUCATIONAL RESOURCES: ALTERNATIVE EDUCATION

First STEP at Harlow

15 Harlow Street, Worcester, MA 01605
508-799-3250

Grades Served: 5, 6, 7, 8

Eligibility: Frequent Truancy, Involved with DSS, Involved with DYS, Poor Academic Record, Suspended

Component: Behavior Management Training, Conflict Resolution Training, Core Academic Classes, Crisis Intervention, Drug/Substance Abuse Prevention, In-House Counseling, Parent/Family Involvement, Peer Mediation, Referrals to External Counseling, Social Skills Training

Hours: After School – Afternoon

Worcester-Gerald Creamer Center

120 Granite Street, Worcester, MA 01604
508-799-3476

Grades Served: 9, 10, 11, 12

Eligibility: Returned Dropout

Component: Core Academic Classes

Hours: After School – Afternoon

Worcester-School Age Mothers

120 Granite Street, Worcester, MA 01604
508-856-7373

Grades Served: 9, 10, 11, 12

Eligibility: Pregnant

Component: Core Academic Classes, In-House Counseling, Technology-Based Instruction

Hours: After School – Afternoon

Worcester Alternative School

22 Waverly Street, Worcester, MA 01604
508-799-3245

Grades Served: 9, 10, 11, 12

Component: Behavior Management Training, Core Academic Classes,
In-House Counseling, School-Based Work and Learning

Hours: After School – Afternoon

Leicester High School Alternative Program

174 Paxton Street, Leicester, MA 01524
508-789-2439

Grades Served: 9, 10, 11, 12

Hours: Regular School Hours

EDUCATIONAL RESOURCES: GED PROGRAMS

Worcester Adult Learning Center

Fanning Building, 24 Chatham Street, Worcester, MA 01609
508-799-3171

Description: English proficiency, GED preparation and basic literacy skills classes are available at no cost. Youth who have left school and who are over 16 years of age are eligible.

Quinsigamond Community College – Adult Basic Education

100 Front Street, Worcester, MA 01608
508-751-7903
cce.qcc.mass.edu/moodle

Description: Provides GED, Pre-GED, and ESOL classes.
The site is also a GED test center.

Training Resources of America

390 Main Street, Suite 806, Worcester, MA 01608
508-753-2991

Worcester Adult Learning Center

20 Irving Street, Worcester, MA 01609
508-799-3090

Webster Public Schools

41 E. Main Street, Webster, MA 01570
508-949-8282

Catholic Charities of Worcester

10 Hammond Street, Worcester, MA 01610
508-860-2261

Description: Offers free GED, Pre-GED, ABE and Citizenship classes to individuals aged 16 and older.

Worcester Community Action Council

484 Main Street, 2nd Floor, Worcester, MA 01608
508-754-1176

Description: Offers free GED and Pre-GED classes to individuals between the ages of 16-21.

Worcester Youth Center

326 Chandler Street, Worcester, MA 01602
508-791-4702
www.worcesteryouthcenter.org

Description: Worcester Youth Center provides education, recreation and leadership development programs for individuals aged 14-21.

EDUCATIONAL RESOURCES: POST-SECONDARY EDUCATION

Quinsigamond Community College

670 West Boylston Street, Worcester, MA 01606
508-853-2300
www.qcc.edu

Description: Quinsigamond Community college offers 70 associate degree and certificate options as well as non-credit courses, workshops, and seminars through the Division of Continuing Education. Many credit and non-credit courses are offered online.

EMPLOYABILITY RESOURCES: CAREER CENTERS

Workforce Central – A One Stop Career Center

44 Front Street, Worcester, MA 01608
508-799-1600
www.workforcecentralma.org

Description: Services include referrals to job openings, career counseling, job search skill development and one-stop access to multiple community programs and services helping people stay employed.

425 Fortune Boulevard, Suite 201, Milford, MA 01757
508-478-4300

Hours: Monday through Thursday, 8:30 a.m. – 5:00 p.m.
Friday, 9:30 a.m. – 5:00 p.m.

5 Optical Drive, Suite 200, Southbridge, MA 01550
508-765-6430

Description: Services include referrals to training opportunities, job search workshops, career planning, resume development, fax and copy machine accessibility, unemployment insurance information and referrals to other services.

EMPLOYABILITY RESOURCES: WORKFORCE INVESTMENT BOARDS (WIB)

Central Massachusetts Regional Employment Board

44 Front Street, Suite 300, Worcester, MA 01608
508-799-1590, 508-799-1595
www.centralmassreb.org

EMPLOYABILITY RESOURCES: OTHER EMPLOYMENT AND TRAINING RESOURCES

Youth Opportunities Upheld, Inc. (YOU, Inc.)

81 Plantation Street, Worcester, MA 01604

508-849-5600

www.youinc.org

Description: Youth Opportunities Upheld, Inc. (YOU, Inc.) offers social, psychological, educational, vocational, and other preventive and rehabilitative programs for youth placed at risk, at its inception offering court diversion and preventative services to youth involved with the Worcester Juvenile Court. YOU, Inc. offers more than 30 different programs within five components: Outpatient Family Centers, Community-Based Services, Residential Services, Education and Vocational Services, and Managed Care.

Worcester Community Action Council, Inc. (WCAC)

484 Main Street, Worcester, MA 01608

508-754-1176 ext. 181

www.wcac.net

Description: Worcester Community Action Council, Inc. (WCAC) provides basic emergency support including fuel assistance and food stamps, as well as Head Start programs, financial literacy programs which include Individual Development Accounts (IDA), and programs aimed at developing employment and parenting skills. WCAC also offers training and employment programs for youth aged 14-24 who have not finished high school, have been deemed to be high risk probationers, or are soon-to-be released youthful offenders. Programs for youth include GED preparation, pre-employment skills, education and career counseling, job and internship placement assistance, life skills workshops, case management, and summer job opportunities.

EMPLOYABILITY RESOURCES: FINANCIAL INFORMATION

Worcester Community Action Council, Inc. (WCAC)

484 Main Street, Second Floor, Worcester, MA 01608

508-754-1176 ext. 169

Description: Worcester Community Action Council (WCAC) offers an Individual Development Account (IDA) program that is a matching account, with a maximum amount of \$1,333 matched by the program. Participants must attend Economic Literacy Classes and Savings Club meetings, and also have monthly appointments with a Case Manager. Participants must also work at least 10 hours a week and meet income requirements to qualify.

WCAC also offers a monthly Savings Club, Case Managers to assist with program related questions and problems and Economic Literacy Classes focused on budgeting, personal banking, credit report, financial planning, and more.

SOCIAL SERVICE SUPPORT RESOURCES: PREGNANCY AND PARENTING

Worcester Child Care Connection

100 Grove Street, Suite 115, Worcester, MA 01605
508-757-1503, 1-800-278-1503
www.ccfscm.org

Description: Child Care Connection offers information and assistance in finding child care, but does not take applications for subsidized child care.

Worcester Comprehensive Child Care Services, Inc.

160 Tacoma Street, Worcester, MA 01605
508-852-3792
www.wcccs.com

Description: Offers infant, toddler, pre-school care, and also operates 2 centers in area high schools to provide daycare services for teen-age parents finishing school.

Worcester • Child Care Resources

799 West Boylston Street, Worcester, MA 01606
508-856-7930
www.cafsinc.org

Description: Offers a child-care center, child-care resources and a family counseling center.

Child Care Resources

90 Madison Street, Worcester, MA 01608
508-798-8112, 1-800-952-9163

Description: Child Care Resources takes applications for income eligible child care, maintains a waiting list for vouchers and contracted slots, and helps families find child care.

SOCIAL SERVICE SUPPORT RESOURCES: MENTAL HEALTH/COUNSELING/SUBSTANCE ABUSE

Worcester State Hospital

305 Belmont Street, Worcester, MA 01604
508-752-4861

Description: DMH/Worcester State Hospital provides treatment for individuals with severe and persistent mental illnesses.

Memorial Health Care/Memorial Hospital

119 Belmont Street, Worcester, MA 01605
508-793-6703

Worcester Youth Guidance Center – Community Healthlink Inc

275 Belmont Street, Worcester, MA 01604
508-791-3261
www.communityhealthlink.org

Description: Worcester Youth Guidance Center provides mental health and substance abuse services including programs for adolescents and criminal justice clients. Private health insurance, Medicaid and Medicare are accepted. They offer a sliding scale fee based on income and other factors. They offer ASL or other assistance for hearing impaired individuals, as well as service in Spanish.

Arbour Counseling Services – Worcester

Parkview Office Tower, 255 Park Avenue, Suite 300, Worcester, MA 01609
508-799-0688

Description: Services include evaluation, crisis stabilization, treatment of anxiety, depression and other mental illnesses, dual diagnosis, and substance abuse treatment.

South Bay Mental Health – Worcester Clinic

340 Main Street, Suite 383, Worcester, MA 01608
508-791-4976

Description: Services include outpatient mental health and substance abuse counseling, day treatment and partial hospitalization programs. They offer individual and group therapy, medication management and diagnostic assessment, crisis intervention and emergency services and forensic services.

Worcester Adult Day Services (South Bay Mental Health program)

332 Main Street, Suite 320, Worcester, MA 01608
508-752-3969

Suicide: The Crisis Center

508-791-6562, 1-800-435-9990

SOCIAL SERVICE SUPPORT RESOURCES: HEALTH CARE

Health Awareness Services (incl. free AIDS tests)

Administrative Office: 405 Grove Street, Worcester, MA 01605
For Family Planning services: 1-800-637-5466, 508-753-0800
For HIV/AIDS services: 508-756-7123

Description: Family Planning services include: screening for breast and cervical cancer (Pap smear), testing and treatment common gynecological problems, birth control including emergency contraception, pregnancy testing and counseling, screening and treatment for STDs. These services are provided to females and males of reproductive health age. They offer rapid HIV tests (20 minutes), as well as HIV case management (which can include helping finding medical providers, transportation, housing, nutrition needs, insurance coverage for medical care and treatment and other services). They also offer partner counseling and referral services.

The Family Health Center

26 Queen Street, Worcester, MA 01610
508-860-7700
Health Benefits Advisor: 508-860-7930

Description: Services include AIDS/HIV Clinics, Community Clinics, Dental Care, Emergency Medical Care, and Family Planning. Services are available in Albanian, Khmer, Portuguese, Russian, Spanish, Vietnamese.
They accept MassHealth and Medicare, private insurance, and offer a sliding fee based on income.

Family Practice: Monday through Friday, 8:00 a.m. – 5:30 p.m.

Urgent Care: Monday through Friday, 8:00 a.m. – 7:30 p.m.
Saturdays, 10:00 a.m. – 5:30 p.m.

Great Brook Valley Health Center

19 Tacoma Street, Worcester, MA 01605
508-852-1805

Description: Great Brook Valley Health Center offers medical and mental health services, and case management.

Hours: Monday through Thursday, 8:30 a.m. – 7:00 pm.
Friday, 8:30 a.m. – 5:30 p.m.
Saturday, 8:30 a.m. – 5:00 p.m.

Hahnemann Family Health Center (HFHC)/UMass Memorial Hospital

119 Belmont Street, Worcester, MA 01605
508-792-8830

Description: Hahnemann Family Health Center (HFHC) provides services ranging from prenatal and maternity care to pediatric and adult services. Specialty care, testing or hospitalization is available at UMass Memorial Medical Center.

Hours: Monday, Wednesday and Friday, 8:30 a.m. – 5:00 p.m.
Tuesday and Thursday, 8:30 a.m. – 9:00 p.m.

Fallon Clinic

630 Plantation Street, Worcester, MA 01605
508-852-0600

Description: The Fallon Clinic provides primary and specialty medical care, cancer detection, family planning, and pediatrics.

SOCIAL SERVICE SUPPORT RESOURCES: DOMESTIC VIOLENCE/RAPE/SEXUAL ASSAULT

Abby's House

52 High Street, Worcester, MA 01609
508-756-5486

Description: Abby's house serves homeless and battered women with or without children. Program is for women aged 18 or older. Women must not currently be using drugs or alcohol.

Hours: 24-hours a day, 7 days a week

YWCA/Daybreak Resources for Women and Children, Inc.

P.O. Box 3093, Worcester, MA 01610
508-755-5371
24-hour hotline: 508-755-9030 (will accept collect calls)

Description: Daybreak Resources serves women and children experiencing domestic violence. Referrals provided for men in search of services.

New Hope

6 River Court, Webster, MA 01570
508-949-0452
24-hour hotline: 1-800-323-4673
www.new-hope.org

Description: New Hope serves women and children experiencing domestic violence. Must be 18 years of age or older. Most services are free.

Office Hours: Monday through Friday, 9:00 a.m. – 4:00 p.m.

Rape Crisis Center of Central Massachusetts, Inc.

799 West Boylston Street, Worcester, MA 01606
508-852-7600

Description: Rape Crisis Center of Central Massachusetts offers sexual assault programs, hotlines, incest survivor services, specialized information and referral services.

Domestic Violence Prevention Project

UMass Memorial – University Campus, 119 Belmont Street, Worcester, MA 01655
508-334-5211

Description: The Domestic Violence Prevention project offers counseling services, training, referral, and advocacy services to men and women who have been affected by domestic violence. They offer a support group for women affected by violence, and a separate group for children.

Counseling Center at Youth Opportunities Upheld, Inc.

81 Plantation Street, Worcester, MA 01604
508-849-5600 ext. 221
Toll-Free: 1-800-435-9990
Emergency: 1-800-435-9990

Description: The Counseling Center provides family, individual and group therapy, substance abuse counseling, as well as counseling regarding behavior problems, depression, anxiety, school problems. They offer parent psychological testing and psychiatric evaluation. Sexual abuse and juvenile sex offender services are also available. 24-hour emergency access is available. They accept MassHealth, Medicare, private insurance, and offer a limited sliding scale fee based on income.

Hours: Monday through Friday, 8:30 a.m. – 9:00 p.m.
24-hour emergency access

LLAMANOS (Spanish Rape Crisis Hotline) c/o Rape Crisis Center, Central MA

799 W. Boylston Street, Worcester, MA 01606
508-852-7600
Toll-Free: 1-800-223-5001
Emergency: 1-800-223-5001
www.llamanos.org

Description: Llamanos is a rape crisis helpline offering crisis intervention and counseling services. They also offer referrals for further counseling and additional resources. Services offered in Spanish and English.

Hours: Monday through Saturday, 9:00 a.m. – 5:00 p.m.

SOCIAL SERVICE SUPPORT RESOURCES: HOUSING, HUNGER AND HOMELESSNESS**Food Stamp Outreach**

508-754-1176

Hunger Hotline

508-755-1233

SERVE New England

1-888-742-7363

Worcester Resources

www.worcesterresources.org

Description: WorcesterResources.org is a free online resource for Worcester-area residents in need of housing, food, health care, and other basic services. The website offers detailed information about what services are available, how to apply for benefits, eligibility requirements, benefit amounts and answers to frequently asked questions. It includes information about federal, state and local programs.

Worcester County Food Bank

474 Boston Turnpike Road, Shrewsbury, MA 01545
508-842-3663

Description: The Worcester County Food Bank runs The Nutrition Center Kitchen, which prepares and delivers nutritious meals to Kids Café programs at youth centers in Worcester. In the summer, the food bank prepares meals for the Summer Food Service Program for children.

Carol A. Schmidt Village YOU, Inc.

129 Blackstone River Road, Worcester, MA 01607
508-757-5579
www.youinc.org/Programs/Residential/Assessment/Village.htm

Description: Program for homeless or runaway youths, males or females, aged 7-17. Youth can be self-referred or referred by the Department of Social Services, the court, or the police. Services include short-term services and long-term behavioral residential care. Transportation is provided.

Office Hours: 24-hours a day, every day of the year

Exilda Morin House YOU, Inc.

117 Wheelock Avenue, Millbury, MA 01527
508-853-2487
www.youinc.org/Programs/Residential/Independent/Morin.htm

Description: Program for adolescent girls, aged 16-21, involved with the Department of Social Services. There is a monthly fee based a sliding scale.

YouthNet Worcester Friendly House

36 Wall Street, Worcester, MA 01604
508-755-4362

Description: The Friendly House Family Shelter is a short-term emergency shelter for homeless women and children. Applicants must be referred by DTA. Services are available in English and Spanish.

Youth Opportunity Upheld (YOU, Inc.)

81 Plantation Street, Worcester, MA 01604
1-800-435-9990 (client) or 508-849-5600
www.youinc.org

Description: YOU Inc, provides a range of educational, vocational and social service programs. YOU, Inc offers more than 30 different programs within five components: Outpatient Family Centers, Community-Based Services, Residential Services, Education and Vocational Services, and Managed Care.

Worcester Youth Center

27 Chandler Street, Worcester, MA 01609
508-791-4702
www.worcesteryouthcenter.org/home.html

Description: The Worcester Youth Center is a free “drop-in” center for young people between the ages of 11-21. The center offers structured programs and support groups for teens.

Frances Perkins Home

16-18 Cottage Street, Worcester, MA 01609
508-757-7506

Description: The Frances Perkins Home is a long-term transitional housing program for homeless women and their children. They provide shelter, food and case management services. The Frances Perkins Home is for individuals (at least 18 years of age) who are currently homeless and who either have or expect to have within one month, physical custody of a child or children, or women in their third trimester. A minimum of six months of sobriety is required prior to entering the program. The Frances Perkins Home provides temporary housing (up to 24 months), ongoing family life advocacy and housing search assistance to residents, and 24-hour staffing.

SOCIAL SERVICE SUPPORT RESOURCES: IMMIGRANT/REFUGEE/ESOL

Refugee Resettlement Program – Catholic Charities

10 Hammond Street, Worcester, MA 01610
508-798-0191

Description: Services include advocacy services, continuing education, counseling, case management.

Refugee and Immigrant Assistance Center (RIAC)

340 Main Street, Suite 965, Worcester, MA 01608
508-756-7557
www.riac.us

Description: RIAC provides resettlement and support services including: a Refugee Resettlement Program, case management and counseling, information and referrals for housing, food assistance, health care, translation and legal assistance, and English language instruction. They also have a youth program.

Lutheran Social Services of New England Refugee and Immigrant Services

30 Harvard Street, Worcester, MA 01609
508-754-1121

Description: Services include resettlement and case management services, assistance with family reunification, support in accessing other services, ESOL and workplace education, as well as Citizenship preparation.

Refugee Apostolate, Inc.

731 Main Street, Worcester, MA 01610
508-831-7455

Description: Offers advocacy, citizenship assistance, food and clothing, computer-based ESOL instruction, referrals for food assistance and healthcare, and an employment program.

Refugee Apostolate – Our Lady of Hope Center

27 Chandler Street, Worcester, MA 01609

508-831-7455

refugeeapostolate.com

Description: Services include assistance with immigration issues and citizenship problems. A Vocational Training Program provides vocational training, ESL and employment services for refugees and DTA clients. Clients must be referred, but Citizenship instruction and assistance with forms and problems are available without a referral.

Centro Las Americas

11 Sycamore Street, Worcester, MA 01608

508-798-1900

Description: Services include clothing, employment readiness skills and pre-job guidance, ESOL, food pantries, housing search and information, immigration/naturalization legal services, and interpretation and translation.

Hours: Monday through Friday, 9:00 a.m. – 5:00 p.m.

Friendly House

36 Wall Street, Worcester, MA 01604

508-755-4362

Description: Services include day care, food pantries, clothing and furniture, health screening and diagnostic services, housing search, immigration/naturalization legal services, job search assistance, language interpretation, referrals, and transportation expense assistance.

Hours: Monday through Friday, 9:00 a.m. – 5:00 p.m.

SOCIAL SERVICE SUPPORT RESOURCES: LEGAL RESOURCES

Legal Assistance Corporation of Central Massachusetts (LACCM)

405 Main Street, 4th floor, Worcester, MA 01608

508-752-3718

Toll-Free: 1-800-649-3718

www.laccm.org

Description: LACCM provides free civil legal assistance to households whose net incomes are up to 125% of the federal poverty guidelines. They can also offer services, in some cases, to households whose incomes are up to 187.5% of the federal poverty guidelines. They specialize in government benefits, eviction defense, housing and employment discrimination, and family law matters affecting domestic violence victims. A Families & Children Unit provides legal representation to victims of domestic violence in cases involving paternity, custody and visitation, child support, spousal support, property division and health insurance. They also work with SAFEPLAN advocates in the Worcester County courts to assist victims in the process of obtaining (and renewing) a restraining order.

Massachusetts Justice Project

405 Main Street, Suite 300, Worcester, MA 01608
508-831-9888
Toll-Free: 1-888-427-8989

Description: In cases where there is no appointed counsel, the Massachusetts Justice Project provides direct representation in divorce, attempts to preserve existing child custody arrangements, protection from domestic violence, and DSS cases.

Community Healthlink, Inc. – A Member of UMass Memorial Health Care

72 Jaques Avenue, Worcester, MA 01610
508-860-1260
www.communityhealthlink.org

Description: The Juvenile Court Clinic Program provides court-ordered mental health, substance abuse and forensic evaluations for court-involved youth and families.

Worcester Law Library

Courthouse, 2 Main Street, Worcester, MA 01608
508-770-1899 ext. 185
www.lawlib.state.ma.us

Description: The Massachusetts Trial Court Law Libraries legal reference services and legal research assistance to the public.

Hours: Monday through Friday, 8:30 a.m. – 4:30 p.m.

www.MassLegalHelp.org

Description: Listing of civil (non-criminal) legal services and programs in Massachusetts.

SOCIAL SERVICE SUPPORT RESOURCES: TRANSPORTATION

Worcester Regional Transit Authority (WRTA)

www.therta.com

Description: The Worcester Regional Transit Authority provides bus service for the city of Worcester and the surrounding areas including Auburn, Brookfield, Clinton, East Brookfield, Holden, Leicester, Millbury, Oxford, Shrewsbury, Spencer, Webster and West Boylston.

MBTA

www.mbta.com

Description: The MBTA provides Commuter Rail service between Worcester and Boston.
